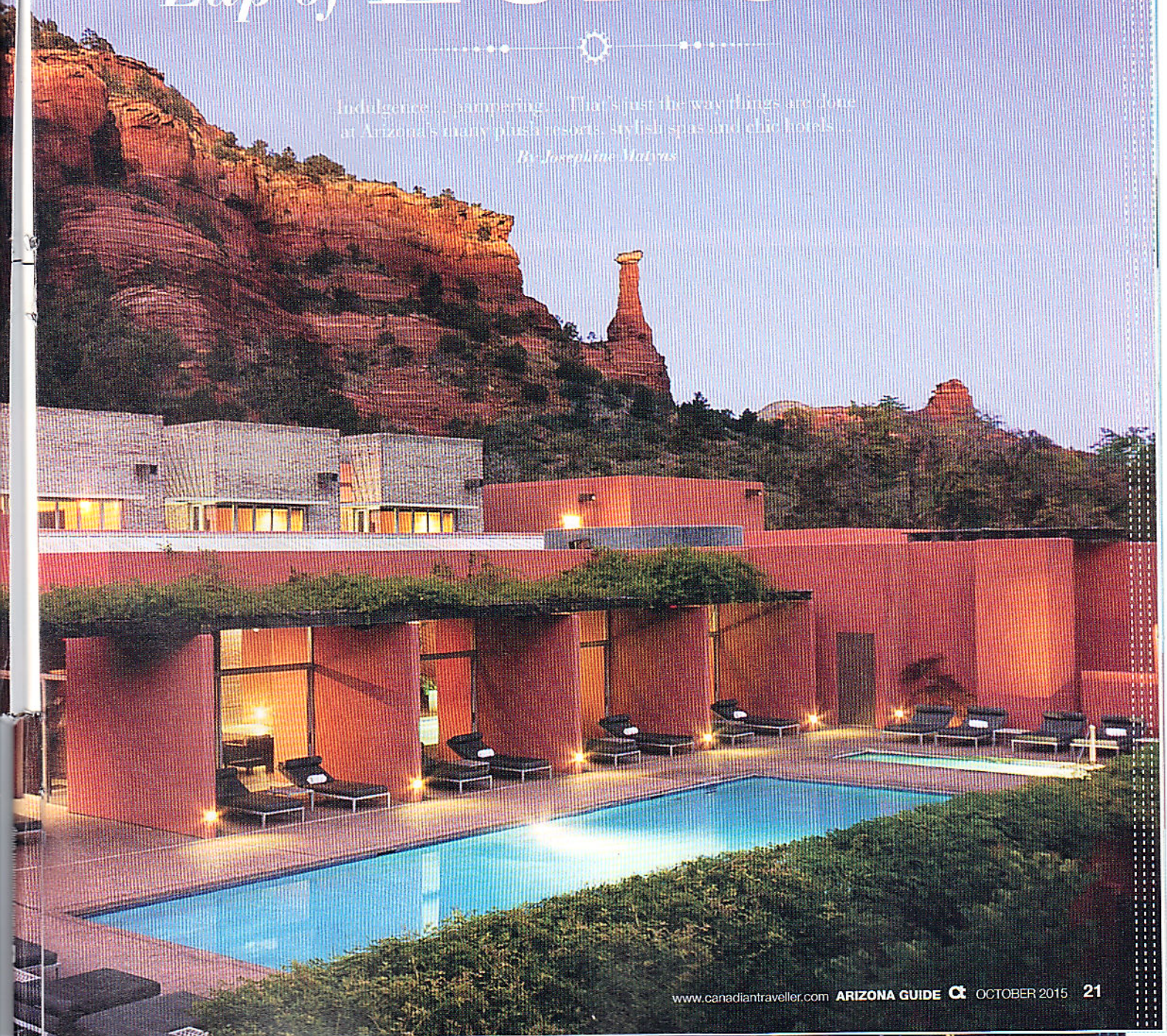


LIVING *in the* *Lap of* LUXURY

Indulgence... pampering... That's just the way things are done
at Arizona's many posh resorts, stylish spas and chic hotels...

By Josephine Matyas





it's a decadent resort stay or a unique New Age spa treatment that you're looking for, knowing what's available is the key to finding the ideal match.

The Sanctuary on Camelback Mountain has added a new luxury room category: the 46-square-metre Camelback Casitas and Camelback Suites showcase breathtaking vistas of the desert, updated furnishings, tile flooring, oversized tubs and tiled showers. The one-bedroom and two-bedroom suites have a living and dining area, wood-burning fireplace and dry bar.

Recent updates at the Gainey Suites Hotel include upgraded suite furnishings and amenities, a new travertine stone pool deck, poolside cabanas, public guest areas and a new

Terrace Bar.

Scottsdale's retro-chic Hotel Valley Ho has added a brand-new Loft Suite with 140-square-metres of indoor space and 33-square-metres of outdoor space on four expansive terraces.

There have been some big changes at Boulders Resort & Spa. 160 casitas have received interior makeovers, with finishes and furnishings to accent the adobe-style architecture. There's a new restaurant and bar, main pool revamp, significant outdoor meeting and event space and enhanced guest rooms.

The Hermosa Inn has recently launched a butler service amenity offering anticipatory customer service that includes creating the perfect romantic getaway, delivering flowers, arranging private meals and drawing hot baths. Butlers will be at your beck and call, no matter what hour it is.

Scheduled to open in downtown Phoenix in 2016, the all-new Luhrs City Center Marriott is a 320-room property designed to blend seamlessly with its historic neighbours while offering state-of-the-art guest amenities.

The Ritz-Carlton in Phoenix has undergone extensive renovations and has been rebranded as The Camby, under Marriott's Autograph Collection brand.

The Scottsdale Resort at McCormick Ranch (formerly the Scottsdale Resort & Conference Center) has undergone a massive \$9 million hacienda-inspired makeover to transform the resort and revitalize its amenities.

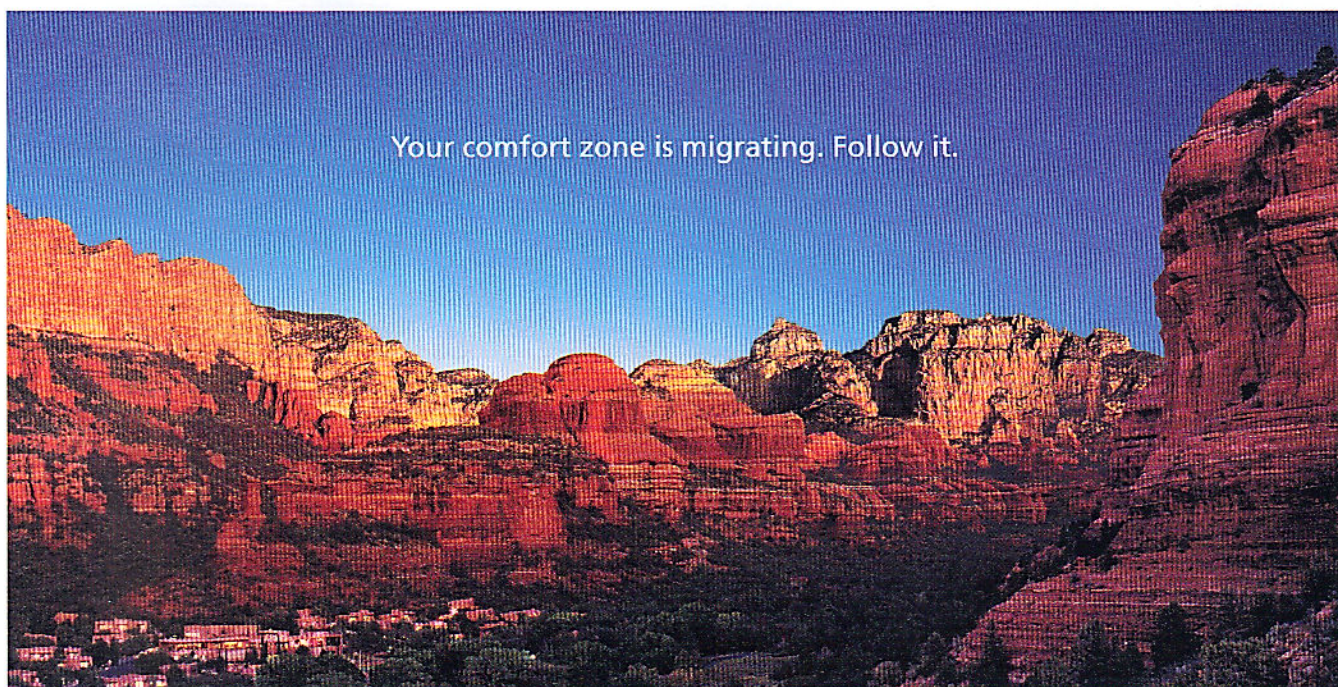
And come summer 2016, the Fairmont Scottsdale Princess will boast an additional 102 guest rooms, including three luxury suites, a new Sunset Beach pool, a swim-up bar and splash pad.

Psst... Check out these Guaranteed Winners

Phoenix, Scottsdale, Tucson and Sedona are known for lavish luxury resorts, ringed by the stunning Sonoran Desert and the drama of red rocks and mountain peaks.

The elegant Arizona Biltmore, which is consistently ranked as one of the top resorts in the world, has quite

Your comfort zone is migrating. Follow it.



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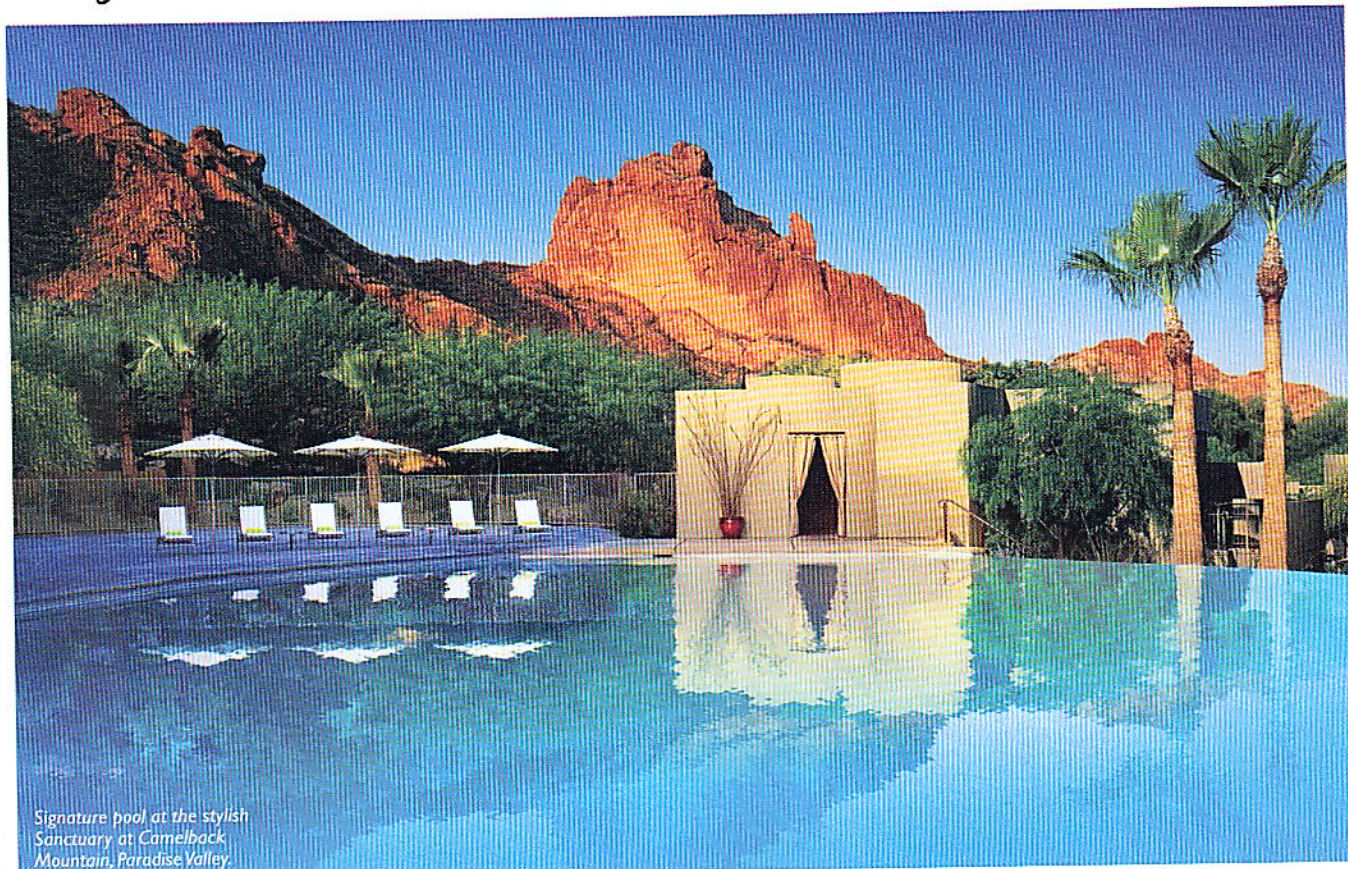
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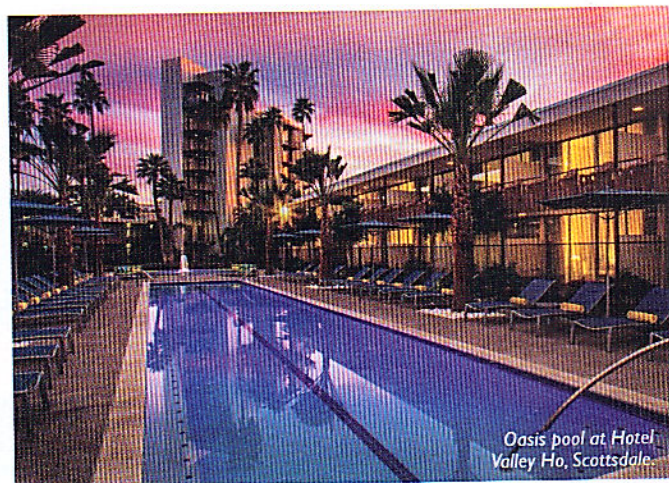
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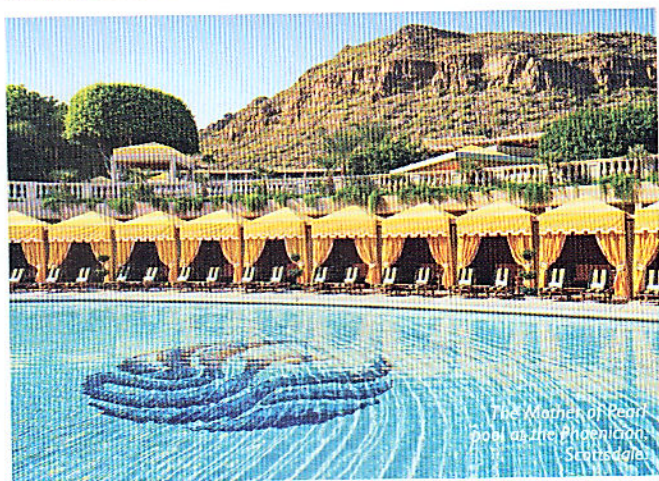
Signature pool at the stylish Sanctuary at Camelback Mountain, Paradise Valley.



Impressive new pool at the Galena Suites Hotel, Scottsdale.



Oasis pool at Hotel Valley Ho, Scottsdale.



The Mother of Pearl pool at the Scottsdale Resort at McCormick Ranch.



Gorgeous greens at the Scottsdale Resort at McCormick Ranch.

the bragging rights: Composer Irving Berlin lounged by the pool and penned *White Christmas* and Clark Gable and Carole Lombard honeymooned at the Waldorf Astoria property. Historical tours are held several times a week.

Water-lovers need look no further than the BlueWater Resort & Casino overlooking the Colorado River on Arizona's 'West Coast'. The property makes a good home base for excursions to the famous London Bridge at Lake Havasu or for a day at the annual Havasu Balloon Festival.

The Ritz-Carlton at Dove Mountain outside Tucson includes a spa and a Jack Nicklaus Signature Golf Course. It was recognized on the 2015 'Forbes Five-Star Hotel List' by *Forbes Travel Guide*.

Along historic Route 66 in Winslow, La Posada is the hacienda-style masterpiece by famed American architect Mary Jane Colter. Described as 'the last great railroad hotel', the internationally-recognized National Historic Property has been lovingly preserved as a place of living history.

The ultra-luxe Canyon Suites at The Phoenician offer personalized signature services such as private infinity pools and chauffeured resort transportation.

Sedona's Red Agave Resort is a home away from home that's perfect for family vacations or groups of friends. Hiking and mountain-biking trails begin at the front door of the pet-friendly property.

The slots, table games and bingo at Cocopah Resort & Casino in Yuma guarantee non-stop action anyone looking for a gaming break in a relaxed desert setting.

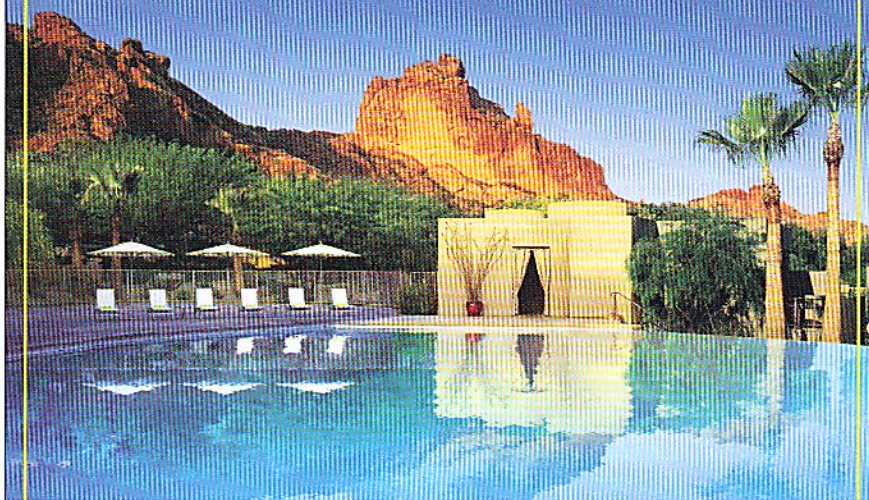
And talk about location! The Red Feather Lodge is located just two kilometres from the South Rim of the Grand Canyon. The property offers Grand Canyon packages by Jeep, horse or helicopter.

Spectacular Spas

Arizona is a Mecca for spa-lovers. The state has long attracted alternative healers and practitioners, which give it a tremendous talent pool to draw upon, so you just have to lie back, relax and enjoy some serious pampering.

Sedona's worldwide reputation as a spiritual energy centre means no shortage of places to rejuvenate. The

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Mii amo Spa at Enchantment Resort offers customized 'journey' packages that specialize in aromatherapy, energy-inspired spa treatments, yoga and balanced nutrition.

The destination spa at Canyon Ranch near Tucson offers more than 200 different services designed to foster mind-body wellness, including spa treatments, fitness programs and holistic medical care.

The Fairmont Scottsdale Princess' Well & Being Spa has a menu of treatments and activities designed to help guests find energy. Aerial hammock yoga anyone?

The bliss spa at W Scottsdale has created a menu of innovative treatments delivered against their trademark playlist of rhythm and blues tunes (or any genre of music that you prefer).

Hilton Sedona Resort at Bell Rock's eforea spa offers two distinct treatment journeys—Essentials and Escape—that can be customized with additions like sports-specific therapies.

Guests at the Arizona Biltmore can

tap into the services of a personal concierge to access a menu of relaxing and rejuvenating treatments at the property's award-winning Spa Biltmore.

The Life in Balance Spa at the Miraval Resort & Spa in Tucson has developed innovative treatments with a focus on 'life-enhancing minimalism'. Unique treatments combine Native American shamanic drumming, acupuncture, reiki and reflexology.

The spa casitas at Sanctuary on Camelback Mountain include access to the resort's Sanctuary Spa. There's an extensive menu of Asian-inspired services in indoor and outdoor treatment rooms, one-on-one 'Watsu' pool massages and a new category of therapist: Sensei—a select group of practitioners who take a multi-dimensional approach to body work.

The menu of treatments at Joya Spa at the Omni Scottsdale Resort & Spa at Montelucia includes a unique Hammam Experience and signature products infused with the delicate

HOT TRAVEL TIP

FIRST-TIMERS: Some properties offer reduced rates for first-time guests. For example, Canyon Ranch in Tucson offers 20 percent off on all inclusive wellness packages for first-timers.

essence of flowers and gems.

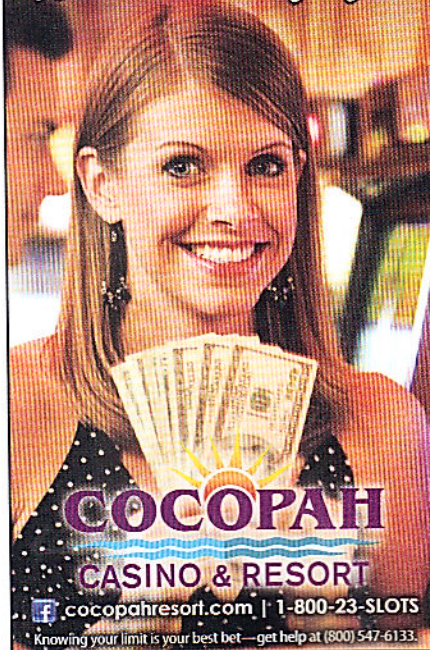
Agave Spa offers a menu of treatments incorporating the Westin Kierland Resort & Spa's new hand-selected Casa Herradura Double Barrel Reposado Tequila. Tequila is one of several ingredients in body glow and facial treatments.

Golfers can get ready for tee-off time at the Spa at Four Seasons Resort at Troon North. The property's Golfer's Massage uses warmed golf balls to alleviate tension and aid in flexibility. *

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